

#### EDITORIAL NOTICE

We would like to ask contributors to please keep their submissions brief to allow space for everyone. Classified listings may be removed occasionally to make space for articles. Please advise if any details are out of date. Poor quality/out of focus/low resolution photos will not be published. Please send copy and photographs (large format) to [socialsouth@cbnews.es](mailto:socialsouth@cbnews.es) Deadline Monday at 15.00. Thank you for your much appreciated efforts and cooperation.

### ALGORFA

#### Smooth modern jive dance

Class at Jilly's bar, Calle Mayor 17, on Wednesday evenings at 19.30.

It is fun, great exercise, and a really good way of meeting new people. Very friendly group. Contact Mary on WhatsApp 634 327 425.

### ALMORADÍ

#### Almoradí Monday Club

We are now having meals instead of meetings because we have found that more people were coming to these.

There is a lunch and an evening meal at different venues each month.

Please check our Facebook page for more information.

#### Scrabble club

Friendly, sociable group ranging from experienced players to novices; new members are most welcome. Use the club's boards or bring your own.

Meets on the last Tuesday of every month at Café Almoradí, Calle Mayor, 91 (opposite the health centre) starting promptly at 15.30.

Call Christine on 694 437 698.

### BENIJÓFAR

#### FriendsCostaBlanca

We meet every second and third Thursday of each month from 13:30 to 16:30.

On the third Thursday we all go out to lunch in local Spanish and English restaurants.

The aim is to create friendships and have fun, there is never a dull moment.

Email Joy or Bob at [friendscostablanca@gmail.com](mailto:friendscostablanca@gmail.com)

#### Costa Blanca Blues MCFC osc

Official Manchester City Supporters Club.

Our home is the Breeze Bar in Benimar commercial centre where we watch every Manchester City game

Any Manchester City supporters who would like to join us are welcome to contact Jackie Smith (secretary) at [costablancablues@hotmail.com](mailto:costablancablues@hotmail.com)

#### Spiritualist Centre Benijófar

Meets at Hamilton's Bake House, 62 Calle Vicente Blasco Ibañez.

Sunday Services at 11.30, on December 9 by Len Cox.

Tuesday Evenings of Mediumship at 19.00.

Spiritual healing available after Sunday and Tuesday services. Open Circle every Thursday at 18.30.

Contact Wendy on 96 532 30 28. [phoenixchurch23@gmail.com](mailto:phoenixchurch23@gmail.com) / [info@spiritualistcentre-benijofar.com](mailto:info@spiritualistcentre-benijofar.com)

Website: [www.spiritualistcentre-benijofar.com](http://www.spiritualistcentre-benijofar.com)

Identification Fiscal G54713789

#### The Philip Scott Lodge No 10671 RAOB

Lodge of the Royal Antediluvian Order of Buffaloes meets at Bar Catorce in Benijófar on Fridays from 19.00 to 21.00.

Contact Bro Colin Bird KOM 653 066 919.

### CARTAGENA

#### Yo-encuentro charity shop, Los Belones

Excellent selection of high quality clothing with many designer labels, baby and children's wear, toys, bedding, curtains, household goods, bike helmets, golf equipment/balls/tees, and new and pre-loved jewellery.

Donations made to charities each month.

[www.yo-encuentro.org](http://www.yo-encuentro.org) or

[www.facebook.com/yoencuentrospain](https://www.facebook.com/yoencuentrospain)

Open 10.00-14.00 Tuesday-Saturday Calle Murillo 18, Los Belones, Murcia - Tel: 634 331 031.

### DAYA NUEVA

#### Short mat bowls club

Looking for new members. We donate to the local church.

Contact Roy Casnello on 96 671 74 02.

### ELCHE

#### Elche Children's Care Home Association

Raises funds for the children living at the home, who are aged between 12 and 18 years.

Website: [elchechildrenscarehome.webs.com](http://elchechildrenscarehome.webs.com)

Facebook: Elche Home

Email: [info@ecch.es](mailto:info@ecch.es)

Wednesday market at the Emerald Isle (Orihuela Costa) from 11.00 until 16.00 with entertainment and raffle.

If you need to contact them urgently, call or Whatsapp Michelle on 634 361 887.

### GRAN ALACANT

#### Feral Friends

This is not a rescue centre, it's a volunteer organisation in Gran Alacant and nearby

areas.

Tel 655 474 146. Become a foster parent or sponsoring parent.

Email [feralfriends.ga@gmail.com](mailto:feralfriends.ga@gmail.com) or call 697 574 199 for adoption/information, donations or sponsorship.

### GUARDAMAR

#### Amigos Friendship Group

We meet at El Bar, El Raso every Wednesday at 15.00 for a social get-together and fun quiz.

We arrange lots of activities including day trips, meals out walks and holidays.

Just turn up and you will be made welcome or for further info call Ann on 642 774 399 or Ken on 642 703 488.

#### La Bamba's dance group

Ballroom, Modern, Latin, Argentine Tango, Sequence Dancing.

Los Rosales Restaurant, Guardamar CV-895 (near Lemon Tree Sunday market)

Monday - Sequence Dance Class 19.00-20.00; Social Dance 20.00-22.30

Friday - New Beginners Class (new beginners welcome every Friday) 20.00-21.00; Intermediate Class 21.00-22.00.

Contact Andrea Murphy on 616 478 157.

### HONDÓN VALLEY

#### The Royal British Legion Hondón Valley Branch

Meets on the third Tuesday of each month at the Polideportivo Restaurante, Hondón de las Nieves at 19.00 for 19.30.

Do come along - you will be made most welcome. You do not need an Armed Forces background to be a member. We have regular events and it is a great way to meet new friends.

Email: [hondonvalley.secretary@rbl.com](mailto:hondonvalley.secretary@rbl.com)

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Tel: 618 92 99 11.

Website:

[www.britishlegion.org.uk/branches/hondon-valley](http://www.britishlegion.org.uk/branches/hondon-valley)

### LOS MONTESINOS

#### Phoenix Classic Car Club

'Ace Café' meeting on the first Sunday of every month starting at 11.00. Everyone is welcome Come and chat to people who enjoy cars and motoring at the Hotel La Torre. [www.phoenixcarclub.com](http://www.phoenixcarclub.com)

#### Smooth modern jive dance

Class at Cafeteria Centro, Plaza Sagrado Corazon on Monday evenings at 20.00

Have a laugh, meet new people, and learn to dance too.

Contact Mary on WhatsApp 634 327 425.

### LOS ALCÁZARES

#### Los Alcázares Camera Club

Meets at Las Claras Centre on 1st Tuesday each month at 10.30.

In addition we meet on the 3rd Tuesday each month for field trips to enhance and improve our photos.

All newcomers welcome.

Details from John 606 452 445 or visit [www.los-alcazares-ca-mera.club](http://www.los-alcazares-ca-mera.club)

#### HELP Murcia Mar Menor

Friendship Group spring events: Friday, March 10 - Golf Delux at Torre Pacheco, 11.00 start, €22 with lunch.

Friday, April 14 - Menu del día with grand raffle and Easter bonnet competition.

Alquilino's restaurant, San Pedro, 14.00 start, €12.

Info and ticket sales from Do-reen on 637 920 882 or the HELP office on 96 857 00 59.

For details see [www.helpmurciamarmenor.org](http://www.helpmurciamarmenor.org).

#### HAH - Help at Home Mar Menor

Charity helping people who are struggling to cope following illness etc. We offer short term solutions, subject to volunteer resources.

Web: [www.helpathome.es](http://www.helpathome.es),

Email: [helpathome\\_spain@gmail.com](mailto:helpathome_spain@gmail.com).

If you require help call 634 302 211 Monday-Friday 09.30-18.00. If you have any other enquiries or would like to volunteer, email or call 634 358 529.

#### Sailing Association Mar Menor (SAMM)

We provide a meeting point for sailors in the area, offer numerous sailing opportunities from dinghies to cruisers, including racing, and have an active social calendar. New members welcomed.

We meet at 11.00 on the second Wednesday of every month, except August, at Las Claras social centre in Los Narejos.

[www.sailingmarmenor.com](http://www.sailingmarmenor.com)

#### Spangles Ladies Harmony Chorus

Ladies Barbershop Harmony Chorus meets at Las Claras Centre in Los Narejos every Thursday from 10.00 to 13.00.

If you would like to visit or joining, we'd love to see you. We always welcome new members.

Email [info@spangleschorus.com](mailto:info@spangleschorus.com) or call 96 833 45 27 or 96 843 25 25.

[www.spangleschorus.com](http://www.spangleschorus.com)

### ORIHUELA

#### English Folk Music Club

An opportunity for acoustic performers of all genres and entry is free.

Raffle each week raises funds to book professional acts from the UK to perform 4/5 times a year.

We meet every Tuesday from 20.30 at the Madhouse, Edificio Tiro de Pinchon, urb Pueblo Príncipe.

Email Carol at [dive-smith@hotmail.com](mailto:dive-smith@hotmail.com)

[www.englishfolkmusicclub.com](http://www.englishfolkmusicclub.com)

#### Dragon Riders

Want to find the best roads in the area? Bored with riding

alone? Whether you are on holiday or live here, a warm welcome awaits.

All makes and models of motorcycle are welcome as are all nationalities.

Meets at Waldamars Restaurant, La Florida, Orihuela Costa every Thursday at 10/10.30 for ride-outs.

Call Rob on 671 826 201 or email: [mollyandbaileybassett@hotmail.com](mailto:mollyandbaileybassett@hotmail.com)

#### Flamenco For All

Non-profit cultural association. For details 630 689 431.

Sevillanas Club every last Sunday of the month at 'Bulerias' pub, on Cabo Roig roundabout, Orihuela Costa. Call 630 689 431.

#### Baker Foundation Spiritual Centre

Find us in Playa Flamenca on the Saturday market road.

On Saturday, December 15 is our Festival of light and Carol service. Doors open at 19.00 for a 19.30 start, please come early to reserve your seat.

Facebook: The Baker Foundation spiritual centre.

We would like to take this opportunity to wish everyone a Merry Christmas and a happy New Year.

Our centre will be closed for the Christmas holiday from December 16 until January 13, when we will reopen with a bang with the lovely Morag Bullock.

#### Rendezvous Girls Social Club

Social club of ladies with a variety of interests who meet every two weeks at the Sports Bar, downstairs at Flamenca Beach commercial centre.

We look forward to seeing you at 13.30 on a Thursday.

We are non profit making and support two local charities.

Contact Lynn on 648 250 652.

#### Orihuela Costa Community Care

At Ramón de Campoamor civic centre on Calle Ciprés in urbanisation Montezena.

Membership €10 per annum. Bring your own materials for activities.

Monday: Spanish Beginners 12.30-14.00. Floral Arranging 12.30-14.30. Crafts 14.30-16.30.

Wednesday: Art, Sketching & Watercolour 14.30-16.30. Spanish Beginners 14.00-15.30.

Thursday: Card Making 13.00-15.30. Sewing/Knitting 14.00-16.30. Exercise to Music 12.45-13.30. Drumming/Percussion Workshop 14.00-16.00.

More to be confirmed soon.

Email: [oc.communitycare@gmail.com](mailto:oc.communitycare@gmail.com)

#### The Royal British Legion

Orihuela Costa Branch, covers the area from Punta Prima to San Javier and inland.

Meets on the 3rd Thursday of every month at the Olympia Restaurant in Mil Palmeras (Pilar de la Horadada) at 19.00 for a 19.30 start.

You do not have to be ex-military to attend or to join. Every-

one is welcome.

More details on the website: <http://branches.britishlegion.org.uk/branches/orihuela-costa>

### **HAH CB - Help at Home Costa Blanca**

Charity shop at 118 Flamenca Beach commercial centre. Opening hours 10.30-14.00.

Office and advice centre at our Cabo Roig shop where we also sell furniture. On the N-332, km49, Local 8. (close to the two large light shops).

If you need a little free help, or some respite care, please call us on 965 328 794.

We also have a group in Quesada, please call them on 693 027 026

We always need volunteers, if you can spare a few hours a week, please contact us on 965 328 794.

### **Walking Wanderers walking football club**

Meet every Monday afternoon from 16.00-18.00 at Orihuela Costa municipal sports centre (CDM).

No official membership; players pay €5 a week towards pitch hire, club funds and chosen charity donation.

We also have a very active social side and participate in many tournaments.

Email Bob Gorrill at [bobbyg2542@hotmail.com](mailto:bobbyg2542@hotmail.com)

### **Vecinos Colaborando (Neighbourhood Watch)**

Orihuela Costa and Entre Naranjos group at present has 81 groups in 130 communities. We work with Guardia Civil and local police, circulate information about crimes and incidents, warning everyone what to be aware of without frightening them.

See [www.orihuelacostavc.com](http://www.orihuelacostavc.com) or contact Chris Stimpson, tel 96 676 4615, e-mail [chris.stimpson1@gmail.com](mailto:chris.stimpson1@gmail.com) Paul Kelly, tel 96 618 97 17. e-mail [pauldkelly@hotmail.co.uk](mailto:pauldkelly@hotmail.co.uk) Graham Jones, tel 96 532 78 38, email [orihuelacostavc@gmail.com](mailto:orihuelacostavc@gmail.com)

### **APAH Animal Protection Association Horadada**

Registered in 2000, APAH is a charity which rescues, rehabilitates and rehomes abandoned, neglected and abused dogs and cats in the south Costa Blanca. Hard-working volunteers look after dogs or cats and charity shops in Pilar de la Horadada and San Miguel de Salinas.

New volunteers are always welcome.

Call Yvonne, APAH President on 96 676 65 55 (Pilar shop 10.30-13.30 Mon-Fri).

### **HAH CB Charity Market**

In aid of Help at Home Costa Blanca at the Emerald Isle (Orihuela Costa) every Tuesday from 11.00-15.30.

Raising funds to buy defibrillators for first response ve-

hicles.

Entertainment with local radio DJs and tribute acts. Many stalls including clothes, shoes, arts and crafts, jewellery, toiletries and house accessories. €2.50 for a cream tea or coffee.

### **PILAR DE LA HORADADA**

#### **Badminton**

Mon, Tues, Wed and Thurs, 10.00-12.30.

For information ring John McGilvray on 96 527 27 01 or Mobile 634 658 506 or email [carolejohn\\_3@hotmail.com](mailto:carolejohn_3@hotmail.com)

#### **Campoverde Library**

Open 10.00-13.00 Monday to Friday at Plaza Florida.

Extensive range of novels, non fiction, some children's books, talking books and some in large print as well as books in Spanish and German.

#### **Cinema Pilar**

Free showings of movies in English to members and guests at the Sala Duplex cinema, Calle Canalejas 4.

It costs €5 to join and members can bring as many guests as they like up to the capacity of the Sala Duplex, which is 560 people.

The screenings are on Thursdays at 19.00 and Saturdays at 17.00.

To receive weekly updates by email about which films they are showing, send a message to Tish Hirst at [lah.hh29@gmail.com](mailto:lah.hh29@gmail.com)

### **PINOSO**

#### **The Royal British Legion**

The Pinoso Branch has a full programme of social events throughout the year.

You do not have to be an ex member of the Armed Forces to join. Meet people, make new friends and raise money to help the armed forces of yesterday, today and tomorrow.

Monthly meetings on the last Tuesday of each month at Meson Tonet restaurant.

Contact Sandra Robinson Email [robinson.sandra60@gmail.com](mailto:robinson.sandra60@gmail.com) or tel: (0034) 693 790 843.

Website: [www.britishlegion.org.uk/branches/pinoso](http://www.britishlegion.org.uk/branches/pinoso)

### **ROJALES**

#### **Alicante Business Club**

Networking group with an informal approach and no fees.

We meet on the 1st Friday of the month to enjoy a drink and make new connections at 19.00 at The Bridge Bar, Rojales.

Contact Garry on 618 048 532 for further details or join us on Facebook

#### **Benimar Social Club**

We meet each Wednesday at 20.00 at Rojales Steakhouse, Avda. Vega Baja, Rojales. Newcomers welcome. Activities include, bridge, chess, crib,

dinners, fund raising, quiz, short mat bowls, and walks. Contact Sue, 685 339 179 or Richard 660 825 390

#### **Easy Horse Care Rescue Centre**

We rely entirely on donations to feed and care of more than 100 horses, ponies and donkeys rescued from abuse, neglect and abandonment.

To donate, sponsor or volunteer call Sue on 652 021 980.

Located just outside Rojales at Partido Lo Garriga, 59.

Open to the public on the first Sunday of every month from 13.00-16.00, with a free horse tour at 14.00.

For details visit [www.easyhorsecare.net](http://www.easyhorsecare.net)

#### **Quesada Art Group**

Every week in the Cultural Centre in Ciudad Quesada from 10.00 until 12.30.

The group are international and new members are always welcome.

There is no tutor, we do our own thing but help and support each other.

We use watercolour, acrylics, pastels, etc. and are a mixed media group.

Ring Alida on 96 671 68 26. Spanish/English spoken

#### **CF Rojales (Walking Football)**

Club for males and females aged 50 and over.

Meet at the football pitches at the municipal sports centre on Calle Limonar every Tuesday from 11.00-12.00.

Followed by a social drink at Bull Flanagan's (near La Marquesa Golf).

Information from Pat Stephens on 654 049 388 or [pat.stephens08@gmail.com](mailto:pat.stephens08@gmail.com), or just turn up on the day.

#### **Netball Club**

We play Tuesday from 19.00-20.30 at the Norwegian School in Quesada.

Come along or for further details telephone Tracey on 679 539 995

### **SAN FULGENCIO**

#### **Hope Christian Fellowship**

You will find our church immediately opposite the entrance to the Thursday market in La Marina Urb San Fulgencio.

You will be given a warm welcome.

Services every Sunday at 11.00

### **SAN JAVIER**

#### **Cruz Azul Murcia**

Provides veterinary care for the sick and injured pets of people in need and promotes responsible pet ownership in Murcia region.

Donation centre at Avenida de la Unión 96, San Javier open Monday-Saturday 10.00-13.30.

[www.cruzazulmurcia.com](http://www.cruzazulmurcia.com) or Facebook Cruz Azul.

Contact 693 017 616 or [info@cruzazulmurcia.com](mailto:info@cruzazulmurcia.com)

#### **MABS Cancer Support Murcia Mar Menor**

Can you spare a few hours a week to volunteer?

We urgently need more qualified nurses, carers and counsellors. Please call 634 362 954 for Mazarrón or 634 306 035 for San Javier.

Email [info@mabsmurcia.com](mailto:info@mabsmurcia.com) or visit [www.mabsmurcia.com](http://www.mabsmurcia.com)

Share & Care Group at MABS Shop and Centre, Avenida Ramon y Cajal, San Javier -relaxed and friendly informal meeting every third Friday of the month, one-to-one counselling available. Call 693 795 247

#### **Helping women step out of the shadows Anxiety/Depression coffee chat club**

Every Friday a Meeting will be held at 11am at the Posh club on Urb La Marina next to the Thursday market.

Depression can make you feel isolated. It can be helpful to meet with other people who understand.

Self-help groups allow people to provide, as well as receive, help. Please note this group is for any age.

If anyone prefers a one-on-one chat, cannot get to the meeting or don't drive, WhatsApp: 620 394 728

### **SAN MIGUEL DE SALINAS**

#### **JB (Just Brass) Brass Band**

English-style brass band with 20 to 30 permanent members, plus guests.

Rehearsals on Wednesdays in San Miguel upstairs from the Unión Musical, Calle de Sorella, 9, from 17.00 to 20.00.

New players are always welcome, whether you are experienced or would like to learn. Contact Secretary Stuart

Burnley on 618 869 376, or the website [www.justbrass.org](http://www.justbrass.org) or Facebook: JB Brass Band Supporters

### **SAN PEDRO DEL PINATAR**

#### **ADAPT**

The Association of English Speakers of San Pedro del Pinatar has members in Murcia region and beyond.

They aim to integrate the English-speaking community into local society. Activity groups for all ages and tastes and fundraising for charities.

Members meet every first Saturday of the month (except January and August) at 10.30 in the Pensionista building, next to Castelar College in Lo Pagan. [www.adaptsanpedro.com](http://www.adaptsanpedro.com)

#### **Radio Control Mar Menor Sailing Group**

Located at the Seaworld Pinatar centre, Lo Pagán.

All radio-controlled sailing boats welcome.

Email:

[rcsailinggroup@gmail.com](mailto:rcsailinggroup@gmail.com)

Website:

[www.rcsailingmarmenor.com](http://www.rcsailingmarmenor.com)

Facebook: RC Mar Menor Sailing Group

### **SANTA POLA**

#### **Tennis club**

For players of all standards in area including Gran Alacant, La Marina and Elche.

Playing Tuesday and Friday mornings 10.00-12.00 at Club de Tennis Elche.

For details from Sally, email [sallymay113@gmail.com](mailto:sallymay113@gmail.com)

### **TORREVIEJA**

#### **Age Concern Costa Blanca Sur**

Assistance for the over 50s. Walk-In Centre in La Siesta: Calle Paganini. Tel: 96 678 68 87. Open Mon - Fri 10.00-13.30

Home visits, advice, nursing care, mobility equipment hire, Spanish lessons.

Volunteers needed in all areas and donations are welcome.

Charity Shops at Calle Patricio Zamit in Torrevieja and Avda Del Mar, Los Montesinos

#### **Asociación Española Contra El Cáncer (AECC)**

Torrevieja office at Calle Torreviejenses Ausentes 33 opens Monday to Friday 10.00-13.00.

'Early Detection' appointments for breast, cervical and prostate cancers.

Contact 96 571 66 79.

English speaking volunteers in the office on Wednesdays and Thursdays.

To speak to local president Manoli Flores call 686 666 520

#### **Cantabile Ladies Choir**

A friendly group who take their music seriously but enjoy social gatherings and meals out.

Rehearsals on Fridays from 15.00-17.00 at La Siesta Church. Always seeking new members.

Contact Valerie on 96 679 58 16, Mobile 689 992 119 or email:

[valcantabile@gmail.com](mailto:valcantabile@gmail.com)

#### **Chess Torrevieja**

Friendly group looking for more players.

Fridays 13.00. Reflections Bar, San Luis. Tel: John 966 78 6 7 74 or 634 658 506. Email:

[carolejohn\\_3@hotmail.com](mailto:carolejohn_3@hotmail.com)

#### **Church of Jesus Christ of Latter-Day Saints (Mormons)**

Meets 10am each Sunday, Rambla Juan Mateo Garcia 104, Torrevieja, Missionaries. Tel: 667 533 597

#### **Official Liverpool FC Supporters' Club**

Why not join us at Kennedy's Pub, Playa de los Locos, to watch the games?

[www.lfc-spain.com](http://www.lfc-spain.com)

#### **Phoenix Solos Club**



For those over 50 on their own, who want a better social life.

Meetings every Monday from 11.00 to 13.00 at the Marina Club in the International Marina, Torrevieja.

Regular activities on several days of the week and others on a one-off basis.

See our website: phoenixsolos.wix.com/phoenixsolos

### **Reach Out / Extiende La Mano**

Providing help and welfare assistance to the homeless and needy families in the Torrevieja area.

Our shops help to provide much-needed funds to meet our mission statement.

Donations are appreciated, and more information can be found on our website [www.reachouttorrevieja.eu](http://www.reachouttorrevieja.eu) or call 96 571 30 63 in Spanish or English. Volunteers are always needed.

### **Revival Torrevieja Rugby Club**

Based on traditional ethics of rugby, family and respect, as well as a completely new setup. Out with the old and in with the new.

Thursday evenings touch rugby at 20.00, plus 15s on Mondays and Wednesdays. For more information about all the teams and training places and times, contact the co-ordinator, Tony on 670 972 366.

### **The Royal British Legion Torrevieja Branch 3456**

Meets at Casa Ventura, San Luis on the 2nd Friday of the month at 18.30 for 19.00 start. You do not have to have served in the armed forces to be a member. We look forward to meeting you.

Entertainment is usually provided afterwards, monthly luncheons, our bowls team plays at Casa Ventura on Thursdays and Saturdays.

Website <http://branches.britishlegion.org.uk/branches/torrevieja> or contact Membership Secretary Pauline Grindlay on 96 670 41 46, email [Torrevieja.MemSecretary@rbl.community](mailto:Torrevieja.MemSecretary@rbl.community)

### **San Luis - La Siesta Neighbourhood Watch & Residents' Association**

Meets at 16.30 on the last Monday of each month at Casa Ventura to discuss with the local council and police on crime incidents and residents issues.

The group also includes El Chaparral and El Limonar and a Facebook site provides easy means for residents to post and receive information. Contact Doug on 622 216 477

### **La Siesta Charity Library**

At the annex of Age Concern at Calle Paganini, La Siesta, Torrevieja. Opening hours are Tuesday 10.30 until 12.30.

For more information tel 96 678 68 87

### **La Siesta Evangelical Church**

Friendly, English-speaking church. Everyone is welcome. Services at 11.15 every 2nd and 4th (and 5th) Sunday morning in the month and at 09.30 on the 1st and 3rd Sundays.

There is also a Sunday School, called Stepping Stones.

See our website:

[www.lasiestaevangelicalchurch.org](http://www.lasiestaevangelicalchurch.org) or call Pastor Keith on 666 180 108

### **Rascals**

Social and theatre group working for the community and raising money for local charities. We meet on Monday and Thursday mornings at Sackos Bar, El Limonar.

To be part of this fun loving worthwhile group call Errol on 96 531 98 34.

[www.therascals.org](http://www.therascals.org)

### **Torrevieja Classics and Specialist Cars Club**

If you are interested in cars, rallies and social events (especially if you have a classic car) please contact us.

Visit [www.carclubtorrevieja.com](http://www.carclubtorrevieja.com) or call president Gaynor Hall on 96 671 79 24, or come to our meetings every first Wednesday of the month at 19.30 in the Marina International Cafeteria

### **Torrevieja Christian Fellowship (TCF)**

English speaking lively church at Avenida de las Cortes Valencianas 68, Torrevieja 03183.

Residents and holidaymakers are welcome to attend services every Sunday at 10.30 with communion and 'kids church'.

Wednesday Fellowship Meetings (Bible study) at 18.00.

See our website [www.tcf-spain.org](http://www.tcf-spain.org) or tel: 96 670 03 91

### **Royal Naval Association**

With effect from September 5, 2018, Torrevieja Branch will be meeting at the new time of 15.00 on the first Wednesday of the month. Meets at 17.00 on the first Wednesday of the month at Bar/Restaurante El Paraiso near Carrefour.

We welcome any serving or ex Royal Navy personnel.

Non Royal Navy people are also very welcome as Associate members. We also arrange lunches out, quizzes and occasional outings.

Contact chairman Paul Edwards on 618 644 934, vice chairman Danny Kay on 96 671 62 74 or secretary Margaret Forshaw on 96 692 19 96

### **TAC Tabletop Wargaming**

Historical, Fantasy and Sci-Fi. Whether you are a current player, someone looking to return to the hobby or you've never played a game before, you're guaranteed to receive a warm welcome.

We are active in the Torrevieja/Almoradi/Rojales area. For more details email us at [tac@maninacave.com](mailto:tac@maninacave.com)

### **Torrevieja Retired**

Activities Club (TRAC)

Meets every third Wednesday from September to June at the International Marina Bar, Torrevieja with speakers on a variety of subjects. Activities include, 10 pin bowling, petanca picnics, trips, lunches etc.

Contact Chairperson Tina on 96 678 92 12 or Members Secretary Diane on 966 841 585

### **Torrevieja Philatelic Society**

Stamp club with like minded members from many European countries.

We collect, sell and swap stamps from every country in the world, meetings are informal and friendly with stamp auctions, quizzes and talks.

Meetings on the 1st and 3rd Wednesday of each month at 15.00 at La Torre Hotel, Los Montesinos.

Contact Alan on 86 817 19 36 or [alan.aylward@rocketmail.com](mailto:alan.aylward@rocketmail.com)

### **Torre Sur Coalition of Communities**

Apolitical coalition of representatives from the urbanisations Los Altos, Mariblanca, Mar Azul, Elisios Playa, Rocio del Mar, Rocajuna and any others in the south of Torrevieja.

Our aim is to liaise with the town hall and police to resolve concerns and offer information.

Meetings are on the first Wednesday of every month in Bar Domino, Rocajuna at 11.00.

We welcome residents of any urbanisation in the south of Torrevieja. Email: [torresurcoalcom@hotmail.com](mailto:torresurcoalcom@hotmail.com)

### **Torrevieja Scottish Country Dancing Group**

The Torrevieja Scottish Country Dancing Group has now commenced their winter break.

Dancing will resume on Thursday, February 1 at "El Paraiso", commencing at 15.00.

Christmas and New Year greetings to all our dancers and we look forward to seeing you in 2019.

### **Torrevieja Digital Camera Club**

Meets twice a month (first and third Tuesdays) at PALS Club, La Siesta.

We discuss all things photography-related and hold regular photographic competitions, both on-line and print, some with set themes and some free choice, and present an award each year to the person who wins the most.

We actively encourage anyone with an interest in photography to come and join us.

Contact Facebook - Torrevieja Digital Camera Club - email [tdcc.alandavis@gmail.com](mailto:tdcc.alandavis@gmail.com)

### **Velvetones Ladies Harmony Chorus**

If any ladies love to sing, join us and learn 4-part harmony. Rehearsals each Thursday 17.15 to 19.45 at El Paraiso, Torrevieja, behind Carrefour.

We also raise funds for charities.

Visit Facebook or [www.velvetonesharmonytorrevieja.com](http://www.velvetonesharmonytorrevieja.com) or call Mary-Anne on 96 671 49 73

## **GENERAL**

### **50+ Solos**

Open to ladies and gentlemen on their own and over 50 years of age. No subs or fees.

We meet twice a month on Saturday lunchtimes at restaurants for a meal and a chat.

We also support homeless veterans in the UK.

Contact Ruth on 96 678 90 63

### **ACE - Autos y Caravanas de España**

If you have a motor home, caravan or tent, come to a rally and meet new friends, it costs nothing to join.

Email [ACERallies@gmail.com](mailto:ACERallies@gmail.com) or call Pauline: 965 076 667 / 617 114 933

### **Alcoholics Anonymous**

The only requirement is a desire to stop.

Regular open meetings are held throughout the province to inform the public and health professionals about the 12 step programme that has helped millions of people to achieve sobriety.

Please call: 648 169 045 (for areas Alicante & northwards) or 625 912 078 (for areas south of Alicante)

### **Baobabs Club**

Social group for those with Southern and East African connections.

Costa Blanca South branch meets at Cheers Bar/Restaurant, Eagles Nest, near Villamartin every 2nd Saturday of the month from 12.00.

No fees or formalities.

Ring Sue 966 763 471 or Jean 96 678 47 35 or email [baobabsclubs@gmail.com](mailto:baobabsclubs@gmail.com)

### **Association of Retired Police Officers (ARPO)**

We meet on the second Wednesday of the month at Friends Bar, Los Montesinos at 10.30.

We extend a warm welcome to all serving and retired police officers, their spouses and partners.

For further information go to our website, [www.arpo.org.uk](http://www.arpo.org.uk) or email the secretary on [arpocostablancasouth@gmail.com](mailto:arpocostablancasouth@gmail.com)

### **Chorale Chamber Choir**

Actively looking for experienced singers, able to read music, and willing to attend weekly rehearsals on Wednesdays.

Contact Christine Eames: 647 130 214

### **Cats N Dogs Aid Association**

Registered non-profit association caring for mistreated and abandoned dogs and cats; we

also trap, neuter and return feral cats.

Charity shops in Ciudad Quesada (Rojales) at Avenida de las Naciones, 1A, and Almoradi at Calle San Francisco 3.

Quesada shop is open from 10.00-16.00 Monday-Friday and 10.00-14.00 Saturday, closed Sunday

We are looking for volunteers for our Almoradi shop. No experience necessary, just a positive and friendly attitude. We also need help with publicity and events.

Please email Irene on [info@catsndogsaid.com](mailto:info@catsndogsaid.com)

### **Costa Blanca Mountain Walkers**

Friendly and sociable group offering a wide variety of walks from easy strolls with lunches to strenuous scrambles.

At least 3 walks every Wednesday and Saturday, starting at 10.00. Anyone can join in.

Website [www.cbmwalkers.org](http://www.cbmwalkers.org) Programme from October to May.

Our other website:

[www.walksinSpain.org](http://www.walksinSpain.org) has detailed routes in the Costa Blanca and other areas that can be downloaded and printed for free.

### **Expatriate Ostomates**

Now succeeded by the EOS Information Service.

Based in Jávea, it provides an independent non-profit national service by telephone and email for those who have a urostomy, colostomy or ileostomy. Information and counselling are of critical importance.

Tel: 96 646 00 63

Email: [mail@ostomyinspain.org](mailto:mail@ostomyinspain.org) or [eostext@gmail.com](mailto:eostext@gmail.com)

### **Costa Blanca Raw Hiders Motorcycle Club**

Open to all motorcyclists on the Costa Blanca.

No rules, no committee, no stress, just pleasant days out. [www.costablancarawhiders.com](http://www.costablancarawhiders.com)

Email: [costablancarawiders@yahoo.co.uk](mailto:costablancarawiders@yahoo.co.uk)

### **Freewheelers Motoring Group**

Motoring enthusiasts who enjoy a drive out, visit interesting places and have lunch together. No committee, no rules, no fees, just a day out.

[www.torreviejainformation.com/freewheelers](http://www.torreviejainformation.com/freewheelers)

### **Freemasonry**

Freemasonry is thriving on the Costa Blanca.

There are lodges meeting up and down the coast.

If you are a Mason or wish to know more about Freemasonry in Spain contact Harry Palmer Membership Committee on 96 671 23 26 or email: [palmers.quesada@yahoo.co.uk](mailto:palmers.quesada@yahoo.co.uk)

### **HELP Vega Baja**

Charity serving from Pilar de la Horadada through Torrevieja to La Marina and inland to Albaterra and Orihuela.

We help all people with all sorts

of problems, particularly crises and emergencies, such as accidents, thefts, break-ins, sudden deaths and when police or medical services are involved.

Emergency 24-hour helpline 96 672 37 33.

To volunteer contact one of our offices. Both are open Monday-Friday from 10.00-13.30.

San Miguel de Salinas: Calle Lope de Vega 45 - Tel: 96 672 37 33

Help Desk at La Marina urb. (San Fulgencio) every Friday, 10.00-13.30, Calle Madrid 5, Tel: 673 109 096.

### **The Hopefuls**

The group meets regarding all kinds of dementias, including Alzheimer's, strokes, cardiovascular etc. on Fridays at Lui's Lounge at San Javier campsite on the Bálscas Road at 11.30

We need more English and Spanish people.

Carers and people with any dementia are always welcome.

Contact Sheila Merrett on 96 818 50 08 or 667 587 187 or email: sheilacommerrett33@gmail.com

### **Morris Dancing Group**

Terri Horvath Morris - Practice every Friday from 16.00-18.00 from September until July.

Anyone interested in our friendly group is very welcome if you are relatively fit, male or female, any age, with or without dancing experience, we will teach.

We also dance at local charity events or fiestas.

Contact Suzi on 96 684 15 82  
suzi.inspain@gmail.com

### **Marina Walkers**

If you love walking in the beautiful south of the Costa Blanca then why not come and join us and enjoy one of our walks.

We offer a wide variety of walks from easy to strenuous. We have seven walk a week so something for everyone. All are welcome.

Visit our website at [www.marinawalkers.info](http://www.marinawalkers.info)

### **Neighbourhood Watch**

We work with the Policia Local and Guardia to reduce crime and increase security.

If your branch does not have a local co-ordinator please volunteer; there is very little work involved, and if you do not have a branch consider starting one with your neighbours.

For information visit our website: [www.nhwinspain.com](http://www.nhwinspain.com)

### **Royal Air Forces Association Branch 1359**

If you are ex-RAF, associated with an ex-RAF person, or just want to find out more, RAFA Costa Blanca meets on the 3rd Tuesday of each month, at Paraiso restaurant near Carrefour in Torrevieja.

We focus on comradeship and meeting welfare needs. Social events and lunches held regularly. Website:

[www.rafa.org.uk/costa-blanca](http://www.rafa.org.uk/costa-blanca)  
Text or call our Chairman on

692 508 916 or Welfare Officer on 615 048 892.

### **Royal Marines Association (Costa Blanca)**

Not just ex-Royal Marines but ex-Service personnel with an affinity to the Royal Marines.

Full programme of social events, menus del dia and annual dinner.

A friendly bunch who support other local ex-Service associations and charities.

We meet on the last Tuesday of the month at 17.30.

Contact the Hon Sec on 692 93 86 64.

### **Samaritans in Spain**

Something weighing heavily on your mind? Don't know who to talk to? No-one seems to understand? Not sure who to trust?

You talk – We Listen.

We aim to help you to find a way forward.

National free phone number: 900 525 100 open 24-hours a day, every day of the year, staffed by volunteer English speakers ready to listen to anyone facing emotional difficulties in total confidence.

Or come to our drop-in centre at our shop in Punta Marina shopping centre, Punta Prima, south of Torrevieja on the N332. [samaritansinspain.com](http://samaritansinspain.com)

### **Stroke Association Spain**

Helping people who have suffered strokes and their carers. Offering physical and speech therapy, with two physiotherapists and two qualified nurses (one in mental health), as well as support for carers.

Meets three times a week on Monday, Wednesday and Friday afternoons from 13.30 to 16.30 at Benijófar Centro Cultural, Calle Francsico Ribera Pérez, 7.

Call Paul on 654 801 260 or see the website:

[www.strokeassociationspain.org](http://www.strokeassociationspain.org)

### **Vega Baja Astronomy Group**

Meets on the 2nd Wednesday of each month from 14.30-16.30 at Casa Tom in San Luis, Torrevieja.

No telescope needed, just a keen interest in the cosmos.

Everyone welcome, even for a single visit. No fees and no committee.

See [www.sites.google.com/site/vegabajaastronomy](http://www.sites.google.com/site/vegabajaastronomy) or call Pat Phillips: 96 671 62 11.