

ALMORADÍ

Almoradí Meal Club

If you like to eat out and meet people then join us, the AMC, twice a month for a lunch or an evening meal at various venues in and around the small towns that surround this area of the Costa Blanca.

Look up our Facebook page or contact davedanie@gmail.com for more information

Scrabble club

Friendly, sociable group ranging from experienced players to novices; new members are most welcome.

Use the club's boards or bring your own.

Meets on the last Tuesday of every month at Café Almoradí, Calle Mayor, 91 (opposite the health centre) starting promptly at 15.30. Call Christine on 694 437 698.

BENIJÓFAR

Spiritualist Centre

Closed until further notice
It is however on ZOOM on a Tuesday evening at 19.00. To enter use ID number 8451471869 then password is 3uf5TE

Normally people meet at Hamilton's Bake House, Calle Vicente Blasco Ibañez 62. Sunday Services at 11.30, Tuesday Evening of Mediumship at 19.00, Spiritual healing available after Sunday and Tuesday services. Open Circle Thursdays at 18.30, everyone welcome. Contact Wendy on 96 532 30 28 phoenixchurch23@gmail.com or info@spiritualistcentre-benijofar.com Website www.spiritualist-centre-benijofar.com Identification Fiscal G54713789

DAYA NUEVA

Short mat bowls club

Looking for new members. We donate to the local church. Contact Roy Casnello on 96 671 74 02.

ELCHE

Elche Children's Care Home Association

Raises funds for the children living at the home, who are aged between 12 and 18 years. Website: elchechildrenscarehome.webs.com Facebook: Elche Home

Email: info@ecch.es
Wednesday market at the Emerald Isle (Orihuela Costa) from 11.00 until 16.00 with entertainment and raffle. If you need to contact them urgently, call or Whatsapp Michelle on 634 361 887.

GRAN ALACANT

Feral Friends

This is not a rescue centre, it's a volunteer organisation in Gran Alacant and nearby areas. Tel 655 474 146. Become a foster parent or sponsoring parent. Email feralfriends.ga@gmail.com or call 697 574 199 for adoption/information, donations or sponsorship.

GUARDAMAR

Amigos Friendship Group

We meet at El Bar, El Raso every Wednesday at 15.00 for a social get-together and fun quiz. We arrange lots of activities including day trips, meals out walks and holidays. Just turn up and you will be made welcome or for further info call Ann on 642 774 399 or Ken on 642 703 488.

El Raso Crafty's

El Raso Crafty's meet at O'Briens Bar, El Raso, Guardamar del Segura at 11.00 every Wednesday. This group is for anyone interested in making any sort of home craft, sewing, knitting, crochet, macrame, paper craft, etc. Everyone is welcome to share their skills, learn a new craft, or just have a coffee and a natter. Regular workshops and monthly lunches are also organised.

La Bamba's dance group

Ballroom, Modern, Latin, Argentine Tango, Sequence Dancing. Los Rosales Restaurant, Guardamar CV-895 (near Lemon Tree Sunday market) Monday - Sequence Dance Class 19.00-20.00; Social Dance 20.00-22.30 Friday - New Beginners Class (new beginners welcome every Friday) 20.00-21.00; Intermediate Class 21.00-22.00. Contact Andrea Murphy on 616 478 157.

HONDÓN VALLEY

The Royal British Legion

NON-PROFIT CLUBS, ASSOCIATIONS & CHARITIES

The Costa Blanca News Social Scene section is at the service of all local non-profit organisations. We welcome articles from all such charities, clubs and associations about their campaigns, activities, meetings and membership.

Space is currently limited in this section but you can still find the usual listings of these organisations on the Costa Blanca News website, www.costa-news.com under the tabs for Costa Blanca North or South, according to whether they are based north or south of Alicante city.

Please continue to send copy and photographs (with credit to writer and photographer/photo source where possible) by email to social@cbnews.es (north Alicante) or to socialsouth@cbnews.es

Hondón Valley Branch

Meets on the third Tuesday of each month (except August) at The Irish Bar, Hondon de los Frailes at 19.00 for 19.30. Do come along – you will be made most welcome. You do not need an Armed Forces background to be a member and enjoy all the activities.

We have regular events planned and it is a great way to meet new friends. For further information, please email: hondonvalley.secretary@rbl.community Website: www.britishlegion.org.uk/branches/hondon-valley

LOS ALCÁZARES

HELP Murcia Mar Menor

A registered voluntary charitable organisation, we help people of all ages, with all sorts of problems, particularly in emergencies and at times of need, such as accidents, thefts, break-ins, sudden deaths and when police or medical services are involved. HELP office tel: 96 857 00 59. Website: www.helpmurciamar.org

HAH - Help at Home Mar Menor

Charity helping people who are struggling to cope following illness etc. We offer short term solutions, subject to volunteer resources. Web: www.helpathome.es Email: helpathomespain@gmail.com If you require help call 634 302 211 Mon-Fri 09.30-18.00. If you have any other enquiries or would like to volunteer, email or call 634 358 529.

Los Alcázares Camera Club

Meets at Las Claras Centre on 1st Tuesday each month at 10.30. In addition we meet on the 3rd

Tuesday each month for field trips to enhance and improve our photos.

All newcomers welcome. Details from John 606 452 445 or visit www.los-alczares-cajera.club

Sailing Association Mar Menor (SAMM)

We provide a meeting point for sailors in the area, offer numerous sailing opportunities from dinghies to cruisers, including racing, and have an active social calendar. New members welcomed. We meet at 11.00 on the second Wednesday of every month, except August, at Las Claras social centre in Los Narejos. www.sailingmarmenor.com

Spangles Ladies Harmony Chorus

Meets at Las Claras Centre in Los Narejos every Thursday from 10.00 to 13.00. If you would like to visit or join, we'd love to see you. We always welcome new members. Email info@spangleschorus.com or call 96 833 45 27 or 96 843 25 25. www.spangleschorus.com

LOS MONTESINOS

Phoenix Classic Car Club

'Ace Café' meeting on the first Sunday of every month starting at 11.00. Everyone is welcome. Come and chat to people who enjoy cars and motoring at the Hotel La Torre. www.phoenixcarclub.com

Salt Church

Sundays 10.30. We are a friendly church, bible centred in our teaching and informal in our worship. Calle Daya Nueva 12, Poligono Industrial Levante II, 03187, Los Montesinos. Further information from www.saltchurch.es or through

the Salt Church Spain Facebook page

ORIHUELA

Baker Foundation Spiritual Centre

Calle Luis Gordillo, 1, Playa Flamenca. Spiritualist teaching centre, offering training in all aspects of mediumship. Three public services per week with different international UK and local mediums. Everyone is welcome. Sunday divine service with clairvoyance from 11.00 to 12.00. Tuesday evening of clairvoyance from 19.30 to 21.00. Thursday mornings, spiritual energy healing from 10.30 to 12.00. Thursday evening open group, meditation, discussions and training. Come and learn more, we are very friendly. Private readings, healing sessions, spiritual services, etc. by appointment. Hall for hire, seats 75 people. Join us on Facebook or call Linda Schug on 606 990 665.

Dragon Riders

Want to find the best roads in the area? Bored with riding alone? Whether you are on holiday or live here, a warm welcome awaits. All makes and models of motorcycle are welcome as are all nationalities. Meets at Waldamars Restaurant, La Florida, Orihuela Costa every Thursday at 10/10.30 for ride-outs. Call Rob on 671 826 201 or email: mollyandbaileybassett@hotmail.com

English Folk Music Club

An opportunity for acoustic performers of all genres and entry is free. Raffle each week raises funds to book professional acts from the UK to perform 4/5

Notice - time to update your information on the CBNews website

DUE to the pandemic and as time goes by, regrettably circumstances have forced many clubs, associations and charities to move on, close down or change in one way or another.

Volunteers have come and gone, and meeting times and venues have changed.

But do you have the correct information out there for your members, potential members and our readers?

Costa Blanca News would like to ask secretaries, presidents, vice-presidents and volunteers alike to take a look at the listings for those charities and clubs that are currently shown on our website, www.costa-news.com, as we are sure that the information for many could do with an update.

We also invite any readers or previous members or volunteers of any organisations that are listed but no longer exist to please contact us so that we can remove them

For places to the north of Alicante city, please email details to social@cbnews.es and for the south of the province, please send an email to socialsouth@cbnews.es

Please remember to include the name of the club or charity and also under which town heading it is currently found.

times a year.

We meet every Tuesday from 20.30 at the Madhouse, Edificio Tiro de Pinchon, urb Pueblo Príncipe. Email Carol at divesmith@hotmail.com www.englishfolkmusic-club.com

Flamenco for All

Non-profit cultural association. For details 630 689 431. Sevillanas Club every last Sunday of the month at 'Bulerias' pub, on Cabo Roig roundabout, Orihuela Costa. Call 630 689 431. **HAH CB - Help at Home Costa Blanca** Charity shop at 118 Flamenca Beach commercial centre. Opening hours 10.30-14.00. Office and advice centre at our Cabo Roig shop where we also sell furniture. On the N-332, km49, Local 8. (close to the two large light shops). If you need a little free help, or some respite care, please call us on 965 328 794. We also have a group in Ciudad Quesada, please call them on 693 027 026. We always need volunteers, if you can spare a few hours a week in the shop, or driving, or befriending in Playa Flamenca or Cabo Roig - tel 965 328 794

Orihuela Costa Community Care

Drop-in centre located at Ramón de Campoamor civic centre, Calle El Cipres, Lomas de Cabo Roig. Membership €10 per annum. Bring your own materials for activities. Monday: Spanish Beginners 12.30-14.00 and Conversation 14.30-16.00. Tai Chi Chuan 13.00-14.00. Games & Quiz. 14.00-16.00. Tuesday: Tai Chi Chuan 10.00-11.00. Wednesday: Arts, Oils, Watercolours & Sketching 13.00-15.30 Spanish conversation 13.30-15.30 Thursday: Drumming/percussion workshop 12.00-13.30 Card making-Crafts 13.30-15.30 Email: oc.communitycare@gmail.com if you wish to join and have fun in the sun.

Playa Flamenca Walking Wanderers FC

We meet every Monday afternoon at Orihuela Costa CDM at 15.45 for 16.00 kick off. No official membership, players pay €4 a week towards pitch hire. We also have a very active social side and participate in many tournaments. For further details contact Vicky on 602 48 15 75 or email: vicky-hillspain@gmail.com or Carol on 645 37 88 11 email: cdun-bridge46@hotmail.co.uk

Rendezvous Girls Social Club

Ladies with a variety of interests who meet every two weeks at the Sports Bar, downstairs at Flamenca Beach commercial centre. We are non-profit making and support two local charities. We look forward to seeing you

at 13.30 on a Thursday. Contact Lynn on 648 250 652.

The Royal British Legion

Orihuela Costa Branch, covers the area from Punta Prima to San Javier and inland. Meets on the third Tuesday of every month at the Olympia Restaurant in Mil Palmeras (Pilar de la Horadada) at 19.00 for a 19.30 start. You do not have to be ex-military to attend or to join. Everyone is welcome. More details on the website: <http://branches.britishlegion.org.uk/branches/orihuelacosta>

Vecinos Colaborando (Neighbourhood Watch)

Orihuela Costa and Entre Naranjos group at present has 81 groups in 130 communities. We work with Guardia Civil and local police, circulate information about crimes and incidents, warning everyone what to be aware of without frightening them. See www.orihuelacostavc.com or contact Chris Stimpson, Tel: 96 676 4615, email: chris.stimpson1@gmail.com Paul Kelly, 96 618 97 17, pauldkelly@hotmail.co.uk Graham Jones, 96 532 78 38, orihuelacostavc@gmail.com

PILAR DE LA HORADADA

APAH Animal Protection Association Horadada

Registered in 2000, APAH is a charity which rescues, rehabilitates and rehomes abandoned, neglected and abused dogs and cats in the south Costa Blanca. Hard-working volunteers look after dogs or cats and charity shops in Pilar de la Horadada and San Miguel de Salinas. New volunteers are always welcome. Call Yvonne, APAH President on 96 676 65 55 (Pilar shop 10.30-13.30 Mon-Fri).

Badminton

Mon, Tues, Wed and Thurs, 10.00-12.30. For information ring John McGilvray on 96 527 27 01 or Mobile 634 658 506 or email carolejohn_3@hotmail.com

Campoverde Library

Open 10.00-13.00 Monday to Friday at Plaza Florida. Extensive range of novels, non fiction, some children's books, talking books and some in large print as well as books in Spanish and German.

Campoverde ex-Sea Dogs

The Campoverde ex-Sea Dogs was formed by Cpo Chico Hopkins in 2016, after a conversation between him and other naval personnel neighbours. The aim of the group is to meet monthly and spin a few dits (naval term). For further information contact Chico Hopkins at chico-hop5@gmail.com

ROJALES

Alicante Business Club

Networking group with an informal approach & no fees. We meet on the 1st Friday of the month to enjoy a drink and make new connections at 19.00 at The Bridge Bar, Rojales. Contact Garry on 618 048 532 for further details or join us on Facebook

Benimar Social Club

We meet each Wednesday at 20.00 at Rojales Steakhouse, Avda. Vega Baja, Rojales. Newcomers welcome. Activities include, bridge, chess, crib, dinners, fund raising, quiz, short mat bowls, and walks. Contact Sue, 685 339 179 or Richard 660 825 390

CF Rojales (Walking Football)

Club for males and females aged 50 and over. Meet at the football pitches at the municipal sports centre on Calle Limonar every Tuesday from 11.00-12.00. Followed by a social drink at Bull Flanagan's (near La Marquesa Golf). Information from Pat Stephens on 654 049 388 or pat.stephens08@gmail.com, or just turn up on the day.

Easy Horse Care Rescue Centre

We rely entirely on donations to feed and care of more than 100 horses, ponies and donkeys rescued from abuse, neglect and abandonment. To donate, sponsor or volunteer call Sue on 652 021 980. Located just outside Rojales at Partido Lo Garriga, 59. Open to the public on the first Sunday of every month from 13.00-16.00, with a free horse tour at 14.00. For details visit www.easyhorsecare.net

Netball Club

We play Tuesday from 19.00-20.30 at the Norwegian School in Quesada. Come along or for further details telephone Tracey on 679 539 995

Quesada Art Group

Every week in the Cultural Centre in Ciudad Quesada from 10.00 until 12.30. The group are international and new members are always welcome. There is no tutor, we do our own thing but help and support each other. We use watercolour, acrylics, pastels, etc. and are a mixed media group. Ring Alida on 96 671 68 26. Spanish/English spoken

Strict Tempo Dance Club

Meets every Sunday at The Club, Calle Toledo, Ciudad Quesada, from 19.00-22.00 for an evening of pure dancing. All ballroom, Latin and popular dances played by resident Contrasts Duo, Derek on keyboards and Mike on drums. €5 entrance fee payable on the

door. Loyalty Club membership is free of charge and enables dancers to enjoy 5 sessions for the price of 4. We welcome dancers of all abilities to this very sociable weekly event. For information phone 688 387 490

SAN FULGENCIO

Hope Christian Fellowship

You will find our church immediately opposite the entrance to the Thursday market in La Marina Urb San Fulgencio. You will be given a warm welcome. Services every Sunday at 11.00

SAN JAVIER

Cruz Azul Murcia

Provides veterinary care for the sick and injured pets of people in need and promotes responsible pet ownership in Murcia region. Donation centre at Avenida de la Unión 96, San Javier open Monday-Saturday 10.00-13.30. www.cruzazulmurcia.com or Facebook Cruz Azul. Contact 693 017 616 or info@cruzazulmurcia.com

MABS Cancer Support Murcia Mar Menor

Can you spare a few hours a week to volunteer. We urgently need more qualified nurses, carers and counsellors. Please call 634 362 954 for Mazarrón or 634 306 035 for San Javier. Email info@mabsmurcia.com or visit www.mabsmurcia.com Share & Care Group at MABS Shop and Centre, Avenida Ramon y Cajal, San Javier -relaxed and friendly informal meeting every third Friday of the month, one-to-one counselling available. Call 693 795 247

SAN MIGUEL DE SALINAS

JB (Just Brass) Brass Band

English-style brass band with 20 to 30 permanent members, plus guests. Rehearsals on Wednesdays in San Miguel upstairs from the Unión Musical, Calle de Sorolla, 9, from 17.00 to 20.00. New players are always welcome, whether you are experienced or would like to learn. Contact Secretary Stuart Burnley on 618 869 376, or the website www.just-brass.org or Facebook: JB Brass Band Supporters

SAN PEDRO DEL PINATAR

ADAPT

The Association of English Speakers of San Pedro del Pinatar has members in Murcia region and beyond. They aim to integrate the English-speaking community into local society. Activity groups for all ages and tastes and fundraising for

charities.

Members meet every first Saturday of the month (except January and August) at 10.30 in the Pensionista building, next to Castelar College in Lo Pagan. www.adaptspanpedro.com

Radio Control Mar Menor Sailing Group

A radio controlled model yacht club with members from a variety of countries, sailing from a beautiful location at the water sport and fitness centre at Lo Pagán on the Mar Menor. Sailing Wednesdays from 11.00-13.00 with an hour or so either end to set up and pack away. Currently sailing IOM-class boats. Come along and join us, you can always go into the restaurant above for a coffee and watch us from the balcony. Email rcsailing-group@gmail.com, visit the website, www.rcsailingmar-menor.com, or on Facebook at EC Mar Menor

SANTA POLA

Walking Football

Every Monday morning at 10.30 at the Pereira football ground. All nationalities welcome for fitness work and structured practice on Astro surface. Next match (over 59s) versus San Miguel on December 9, kick off 10.45. Just turn up or contact Doug 660 321 045 or Ken 679 701 824

Tennis club

For players of all standards in area including Gran Alacant, La Marina & Elche. Playing Tuesday and Friday mornings 10.00-12.00 at Club de Tennis Elche. For details from Sally, email sallymay113@gmail.com

TORREVIEJA

AECC - Asociación Española Contra El Cáncer

Torrevieja office at Calle Torrevejenses Ausentes 33 opens Monday to Friday 10.00-13.00. 'Early Detection' appointments for breast, cervical and prostate cancers. Contact 96 571 66 79. English speaking volunteers in the office on Wednesdays and Thursdays. To speak to local president Manoli Flores call 686 666 520

Age Concern Costa Blanca Sur

Assistance for the over 50s. Walk-in Day Centre in La Siesta: Calle Paganini. Tel: 96 678 68 87. Open Mon-Fri 10.00-13.30. Home visits, advice, nursing care, mobility equipment hire, Spanish lessons. Volunteers needed in all areas and donations are welcome. Charity Shops at Calle Patriocio Zamit in Torrevieja and Avda Del Mar, Los Montesinos

Cantabile Ladies Choir

A friendly group who take their music seriously but

enjoy social gatherings and meals out. Rehearsals on Fridays from 15.00-17.00 at La Siesta church. Always seeking new members. Contact Valerie on 96 679 58 16, Mobile 689 992 119 or email: valcantabile@gmail.com

D'Avel Chess Club

Friendly group looking for more players. Every Friday from 13.00 at D'Avel Bar, Washington Square, Calle Paganini, La Siesta urbanisation. All players of any level are very welcome. There is no official membership, just turn up and play. For further details telephone John on 96 527 27 01. D'Avel Bar is situated right on Torrevieja's G bus route

Church of Jesus Christ of Latter-Day Saints (Mormons)

Meets 10am each Sunday, Rambla Juan Mateo Garcia 104, Torrevieja, Missionaries. Tel: 667 533 597

La Siesta Evangelical Church

Friendly, English-speaking church. Everyone is welcome. Services at 11.15 every 2nd and 4th (and 5th) Sunday morning in the month and at 09.30 on the 1st and 3rd Sundays. There is also a Sunday School, called Stepping Stones. See our website: www.lasiestaevangelicalchurch.org or call Pastor Keith on 666 180 108

La Siesta Charity Library

At the annexe of Age Concern at Calle Paganini, La Siesta, Torrevieja. Opening hours Tuesday 10.30 to 12.30. For information tel 96 678 68 87

NosmoKing Social Club

Our Club meets at Che Loco in El Chaparral at 11.00 each Thursday except the last Thursday of the month, which is usually an outing. Non-smokers who are interested in joining us can just come along as visitors initially. Contact 86 575 69 02 or 687 295 015.

Phoenix Friends Torrevieja (formerly Phoenix Solos Club)

For singles and couples over 50 wanting to improve their social life. No membership fees, just a desire to spend time in the company of like-minded people whilst enjoying a wide variety of weekly activities and one-off events. We meet on Mondays from 11.00-13.00 at Reflections Bar, San Luis CC, Calle Aviles, Torrevieja. Come along and say hello to find out if we are the group you would like to become a part of

Rascals

Social and theatre group work-

ing for the community and raising money for local charities. We meet on Monday and Thursday mornings at Sackos Bar, El Limonar. To be part of this fun loving worthwhile group contact alanandsuzi@hotmail.com www.therascals.org

Reach Out / Extiende La Mano

Providing help and welfare assistance to the homeless and needy families in the Torrevieja area. Our shops help to provide much-needed funds to meet our mission statement. Donations are appreciated, and more information can be found on our website www.reachouttorrevieja.eu or call 96 571 30 63 in Spanish or English. Volunteers are always needed.

Revival Torrevieja Rugby Club

Based on traditional ethics of rugby, family and respect, as well as a completely new set-up. Out with the old and in with the new. Thursday evenings touch rugby at 20.00, plus 15s on Mondays and Wednesdays. For more information about all the teams and training places and times, contact the co-ordinator, Tony on 670 972 366.

Royal Naval Association Torrevieja Branch

Meetings on the first Wednesday of every month at 17.00 at Che Loco bar/restaurant, El Chaparral commercial centre, El Chaparral urbanisation, Torrevieja. We welcome any serving or ex-Royal Navy personnel. Non-Royal Navy people are also very welcome as associate members. We also arrange lunches out, quizzes and occasional outings. For more information please contact chairman Tony Jenkins, email Chairman. RNATB@mail.com or telephone 693 866 709; vice chairman Dusty Miller, email Vice-Chair RNATB@mail.com or telephone/ WhatsApp to 711 006 670; secretary Mike Cockman, email maclegalser-vices@aol.com or telephone/ WhatsApp 670 224 822; treasurer Carl Loudon, email carl-louden@msn.com or telephone 678 518 202

Torrevieja Classics and Specialist Cars Club

If you are interested in cars, rallies and social events (especially if you have a classic car) please contact us. Visit www.carclubtorrevieja.com or call president Gaynor Hall on 96 671 79 24, or come to our meetings every first Wednesday of the month at 19.30 at El Nacional restaurant, Avenida del Mar 1, Punta Prima.'

The Royal British Legion Torrevieja Branch 3456

Meets at Casa Ventura, San Luis on the 2nd Friday

of the month at 18.30 for 19.00 start. You do not have to have served in the armed forces to be a member. We look forward to meeting you. Entertainment is usually provided afterwards, monthly lunches, our bowls team plays at Casa Ventura on Thursdays and Saturdays. Website <http://branches.britishlegion.org.uk/branches/torrevieja> or contact Membership Secretary Pauline Grindlay on 96 670 41 46, email Torrevieja.MemSecretary@rbl.com community **Torrevieja Digital Camera Club** Meets twice a month (first and third Tuesdays) at PALS Club, La Siesta. We discuss all things photography-related and hold regular photographic competitions, both online and print, some with set themes and some free choice, and present an award each year to whoever wins the most. We actively encourage anyone with an interest in photography to join us. Contact Facebook – Torrevieja Digital Camera Club – email tdcc.aland-avis@gmail.com

Official Liverpool FC Supporters' Club

Why not join us at Kennedy's Pub, Playa de los Locos, to watch the games? www.lfc-spain.com

Torrevieja Philatelic Society

Stamp club with like minded members from many European countries. We collect, sell and swap stamps from every country in the world, meetings are informal and friendly with stamp auctions, quizzes and talks. Meetings on the 1st and 3rd Wednesday of each month at 15.00 at La Torre Hotel, Los Montesinos. Contact Alan on 86 817 1936 or alan.aylward@rocketmail.com

Torrevieja Retired Activities Club (TRAC)

Meets every third Wednesday from September to June at the International Marina Bar, Torrevieja with speakers on a variety of subjects. Activities include, 10 pin bowling, petanca picnics, trips, lunches etc. Contact Chairperson Tina on 86 575 07 58 or Shirley on 966 78 56 82

Torrevieja West Neighbourhood Crime Watch & Residents Association

The group includes San Luis, La Siesta, El Chaparral and El Limonar. The 'Torrevieja West Neighbourhood Watch' Facebook site provides easy means for residents to share safety, security and community information. Meets at 16.30 on the last Monday of each month at Casa Ventura to discuss crime incidents and residents' issues with the local council and police. Contact Doug Allen on 622 216 477

Torre Sur Coalition of Communities

Apolitical coalition of representatives from the urbanisations Los Altos, Mariblanca, Mar Azul, Elisios Playa, Rocio del Mar, Rocajuna and any others in the south of Torrevieja. Our aim is to liaise with the town hall and police to resolve concerns and offer information. Meetings on the first Wednesday of every month in Bar Domino, Rocajuna at 11:00. We welcome residents of any urbanisation in the south of Torrevieja. Email: torresurcoalcom@hotmail.com

GENERAL

50+ Solos

Open to ladies and gentlemen on their own and over 50 years of age. No subs or fees. We meet twice a month on Saturday lunchtimes at restaurants for a meal and a chat. We also support homeless veterans in the UK. Contact Ruth on 96 678 90 63

ACE - Autos y Caravanas de España

If you have a motor home, caravan or tent, come to a rally and meet new friends, it costs nothing to join. Email ACErallies@gmail.com or call Pauline: 965 076 667/617 114 933

Association of Movers and Shakers (formerly, Huntington's Disease Association)

Supporting people affected by ataxia, motor neurone disease, multiple sclerosis and Parkinson's disease. Office open all year round for information and advice. We rely entirely on donations and fundraising events to support the work we do. Volunteers are always required. Meeting at O'Briens Bar in El Raso, Guardamar del Segura, every Friday (except in July and August) from 13.00-15.00, for a drink and a chat. Further details on our Facebook page (search Movers and Shakers Spain), website at www.amsch.org.es or contact Marion Smith by phone or WhatsApp on 711 008 250

Association of Retired Police Officers (ARPO)

We meet on the second Wednesday of the month at Friends Bar, Los Montesinos at 10.30. We extend a warm welcome to all serving and retired police officers, their spouses and partners. For information go to our website, www.arpo.org.uk or email the secretary on arpo-costablanca-south@gmail.com

Alcoholics Anonymous

The only requirement is a desire to stop. Regular open meetings are held throughout the province to inform the public and health professionals about the 12 step programme that has helped millions of

people to achieve sobriety. Please call: 648 169 045 (for areas Alicante & northwards) or 625 912 078 (for areas south of Alicante)

Baobabs Club

Social group for those with Southern and East African connections. Costa Blanca South branch meets at Cheers Bar/Restaurant, Eagles Nest, near Villamartin every 2nd Saturday of the month from 12.00. No fees or formalities. Ring Sue 966 763 471 or Jean on 96 678 47 35 or email baobabsclubs@gmail.com **Cats N Dogs Aid Association** Registered non-profit association caring for mistreated and abandoned dogs and cats; we also trap, neuter and return feral cats.

Charity shops in Ciudad Quesada (Rojales) at Avenida de las Naciones, 1A, and Almoradí at Calle San Francisco 3. Quesada shop opens 10.00-16.00 Monday-Friday and 10.00-14.00 Saturday, closed Sunday. We are looking for volunteers for our Almoradí shop. No experience necessary, just a positive and friendly attitude. We also need help with publicity and events. Please email Irene on info@catsndogsaid.com

Costa Blanca Blues MCFC osc

The only official Manchester City supporters club on the Costa Blanca. Based at Aurora Bar & Lounge in Doña Pepa, Ciudad Quesada (Rojales), we welcome old and new members. The annual fee is €10 for ages under 60, €5 for over 60, and juniors up to 18 are free. You can apply for match tickets etc through the club by contacting club secretary Jackie Smith at costablancablues@hotmail.com Or just join us to watch a game

Costa Blanca Mountain Walkers

Friendly and sociable group offering a wide variety of walks from easy strolls with lunches to strenuous scrambles. At least 3 walks every Wednesday and Saturday, starting at 10.00. Anyone can join in. Website www.cbmwalkers.org Programme from October to May. Our other website: www.walksinSpain.org has detailed routes in the Costa Blanca and other areas to download and print for free.

Costa Blanca Rawhidrs Motorcycle Club

We are a social riding club, open to all motorcyclists on the Costa Blanca. No stress, just good fun, camaraderie, and pleasant days out. Website: www.costablanca-rawhidrs.com Email: costablanca-rawhidrs@yahoo.co.uk

Euro-Biker

International meeting every first Thursday of the month from 19.30 at the bar Columbus in Torreta 2. Weekly bike-tours

every Saturday. For info please contact Torsten on 669 996 730.

Expatriate Ostomates

Now succeeded by the EOS Information Service. Based in Jávea, it provides an independent non-profit national service by telephone and email for those who have a urostomy, colostomy or ileostomy. Information and counselling are of critical importance.

Tel: 96 646 00 63 Email: mail@ostomyinspain.org or eostext@gmail.com

Freemasonry

Freemasonry is thriving on the Costa Blanca. There are lodges meeting up and down the coast. If you are a Mason or wish to know more about Freemasonry in Spain contact Harry Palmer membership committee on 96 671 23 26 email 2palmers.quesada@yahoo.co.uk or visit the website www.glpvalencia.com

Freewheelers Motoring Group

Motoring enthusiasts who enjoy a drive out, visit interesting places and have lunch together. No committee, no rules, no fees, just a day out. www.torrevejainformation.com/freewheelers

HELP Vega Baja

Charity serving from Pilar de la Horadada through Torreveja to La Marina and inland to Albatera and Orihuela. We help all people with all sorts of problems, particularly crises and emergencies, such as accidents, thefts, break-ins, sudden deaths and when police or medical services are involved.

Emergency 24-hour helpline 96 672 37 33.

To volunteer contact one of our offices, both open Monday-Friday 10.00-13.30. San Miguel de Salinas: Calle Lope de Vega 45 - Tel: 96 672 37 33

Help Desk at La Marina urb. (San Fulgencio) every Friday, 10.00-13.30, Calle Madrid 5, Tel: 673 109 096

The Hopefuls

The group meets regarding all kinds of dementias, including Alzheimer's, strokes, cardiovascular etc. on Fridays at Lui's Lounge at San Javier campsite on the Bálscas Road at 11.30 We need more English and Spanish people. Carers and people with any dementia are always welcome.

Contact Sheila Merrett on 96 818 50 08 or 667 587 187 or email:sheilacommerrett33@gmail.com

Huntington's Disease Association

Support for people on the Costa Blanca directly or indirectly involved with HD.

If you have HD, are at risk or are a carer, talk with others who have experience. We offer mutual support in a friendly atmosphere. We meet every Friday from 14.00-16.00 at O'Brien's Bar, El Raso, Guardamar del Segura.

For information, advice and support, call Marion Smith on 711 008 250 or email info@hda.org.es. Website www.hda.org.es

Labour International

LI is the official constituency for overseas British Labour Party members. We welcome new recruits & supporters. Our meetings are usually held via Zoom, and occasionally face to face in Jávea, on the second Tuesday of the month starting at 2.30 pm. We also have monthly social events, usually lunches, around the Costa Blanca. For more information: call Tony 625 650 288 or Lorraine 679 231 412

Marina Walkers

If you love walking in the beautiful south of the Costa Blanca then why not come and join us and enjoy one of our walks. We offer a wide variety of walks from easy to strenuous. We have seven walk a week so something for everyone. All are welcome. Visit our website at www.marinawalkers.info

Neighbourhood Watch

We work with the PoliciaLocal and Guardia to reduce crime and increase security.

If your branch does not have a local co-ordinator please volunteer; there is very little work involved, and if you do not have a branch consider starting one with your neighbours.

For information visit our website: www.nhwinspain.com

Morris Dancing Group Terri Horvath Morris

Practice every Friday from 16.00-18.00 from September until July. Anyone interested in our friendly group is very welcome if you are relatively fit, male or female, any age, with or without dancing experience, we will teach. We also dance at local charity events or fiestas. You can contact Sue on 643 026 574, or email sus4n.ward@sky.com

Royal Air Force Association Costa Blanca Registered Members Group:

The RAFA Costa Blanca RMG replaces the RAFA Costa Blanca Branch 1359 which is now closed. The RMG is a social group of caring people and remains affiliated to the parent association. Contact with the Royal Air Force Association and the RMG can be made via the RAFA website www.rafa.org.uk. Tel: 0044 800 018 2361

Royal Marines Association (Costa Blanca)

Not just ex-Royal Marines but ex-Service personnel with an affinity to the Royal Marines. Full programme of social events, menus del dia and annual dinner. A friendly bunch who support other local ex-Service associations and charities. We meet on the last Tuesday of the month at 17.30 at Friends bar in Los Montesinos. Contact Pete Wilkins on 96 619 41 58 or email inkin-spain@yahoo.co.uk

Samaritans in Spain

Something weighing heavily on your mind? Don't know who to talk to? No-one seems to understand? Not sure who to trust? You talk – We Listen.

We aim to help you to find a way forward.

National free phone number: 900 525 100 open 24-hours a day, every day of the year, staffed by volunteer English speakers ready to listen to anyone facing emotional difficulties in total confidence.

Or come to our drop-in centre at our shop in Punta Marina shopping centre, Punta Prima, south of Torreveja on the N332. samaritansinspain.com

S.A.T. animal rescue

S.A.T. is a registered charity that was formed in 1992 with the aim of alleviating the local stray and abandoned dog problem. We continue to do this today, from our kennels in Dolores. S.A.T. is a non-profit making organisation and we raise our funds from events such as dinner dances, dog shows, charity sales, fairs and of course, donations. Please take time to visit us and take a look at our animals, or please donate whatever you can to a very worthwhile charity. Telephone 96 671 00 47 (answerphone), email info@satanimalrescue.com or visit www.satanimalrescue.com and www.facebook.com/SATDO LORES

Smooth Modern Jive

Dance classes. Fun, great exercise and a really good way of meeting new people. Very friendly groups. Monday 11.00 - 13.30 El Mirador, Caravaning La Manga, La Manga del Mar Menor Thursday 13.30 -16.00 Drivers Bar, Villamartin Friday 11.30-13.30 Lo Crispin Tavern, Lo Crispin urbanisation, Algorfa Friday 15.00 - 17.30 Garden Bar, Los Alcazares Saturday 11.00 - 13.30 Hillside Bar and Snooker Centre,

La Marina.

All classes are €5.

Contact Mary on WhatsApp 634 327 425.

Stroke Association Spain

Helping people who have suffered strokes and their carers. Offering physical and speech therapy, with two physiotherapists and two qualified nurses (one in mental health), as well as support for carers.

Meets three times a week on Monday, Wednesday and Friday afternoons from 13.30 to 16.30 at Benijófar Centro Cultural, Calle Francisco Ribera Pérez, 7. Call Paul on 654 801 260 or see the website: www.strokeassociationspain.org

Vega Baja Astronomy Group

Meets on the second Wednesday each month in the afternoon from 14.30-16.30 at Casa Tom in San Luis, Torreveja. People do not need a telescope to join, just a keen interest in the cosmos. Everyone is welcome, even for a single visit, so don't be shy, come along and meet us. No fees and no committee. For information and directions see http://www.sites.google.com/site/vegabajaastronomy or call Pat Phillips on 96 671 62 11

Vega Baja Garden Club

Meets on the first Monday each month (except August and January) at Bar Trásgu, Formentera del Segura from 14.00 to 16.00. Whether you have a terrace (like many members) or a garden, large or small, come and meet us. If you have a problem - a plant that is not doing well, or something needs pruning and you don't know where to cut - a problem shared is a problem halved. We also have talks by members on garden-related subjects, competitions with prizes and a weekly raffle of plants. It is a nice social gathering, and we can all learn a lot from each other.